

# Curing time guide

Bluephase®  
Style M8



Bluephase®  
Style



Bluephase®  
Style 20i



	Light intensity	HIGH POWER 800 mW/cm <sup>2</sup> ± 10%	HIGH POWER 1,200 mW/cm <sup>2</sup> ± 10%	TURBO 2,000 mW/cm <sup>2</sup> ± 10%
<b>Restorative materials</b>	<b>Composites 2 mm <sup>1)</sup></b> IPS Empress Direct / IPS Empress Direct Flow Tetric EvoCeram / Tetric EvoFlow Tetric / Tetric Basic White	15 seconds	10 seconds	5 seconds
	<b>Composites 4 mm <sup>2)</sup></b> Tetric EvoCeram Bulk Fill / Tetric EvoFlow Bulk Fill Tetric Basic White	15 seconds	10 seconds	5 seconds
	<b>All conventional composites <sup>1)</sup></b> Heliomolar / Heliomolar HB / Heliomolar Flow	20 seconds	15 seconds	2x 5 seconds
	<b>Compomers <sup>3)</sup></b> Compoglass F / Compoglass Flow	40 seconds	20 seconds	2x 5 seconds
<b>Cementation materials / Indirect restorations</b>	Variolink Esthetic LC <sup>4)</sup> / Variolink Esthetic DC <sup>5)</sup>	per mm ceramic: 10 seconds per surface	per mm ceramic: 10 seconds per surface	per mm ceramic: 5 seconds per surface
	Multilink Automix <sup>5)</sup> SpeedCEM Plus <sup>5)</sup>	per mm ceramic: 20 seconds per surface	per mm ceramic: 20 seconds per surface	per mm ceramic: 2x 5 seconds per surface
<b>Adhesives</b>	AdheSE / Adhese Universal Excite F / Excite F DSC Heliobond (Syntac)	10 seconds	10 seconds	Use HIGH POWER program at 10 seconds
<b>Temporary materials</b>	Telio CS Link	15 seconds per surface	10 seconds per surface	5 seconds per surface
	Telio CS Inlay/Onlay	15 seconds	10 seconds	5 seconds
	Telio Stains	15 seconds	10 seconds	5 seconds
	Telio Add-On Flow	20 seconds	15 seconds	2x 5 seconds
<b>Miscellaneous</b>	Helioseal / Helioseal F / Helioseal Clear	20 seconds	20 seconds	Use HIGH POWER program at 10 seconds
	Heliosit Orthodontic	20 seconds	10 seconds	2x 5 seconds
	IPS Empress Direct Color	30 seconds	20 seconds	5 seconds
	IPS Empress Direct Opaque MultiCore Flow / Multicore HB	30 seconds 40 seconds	20 seconds 20 seconds	2x 5 seconds 2x 5 seconds

1) Applies to a maximum layer thickness of 2 mm and provided that the Instructions for Use of the respective material do not state any other recommendation (might be the case e.g. with dentin shades)

2) Applies to a maximum layer thickness of 4 mm and provided that the Instructions for Use of the respective material do not state any other recommendation (might be the case e.g. with dentin shades)

3) Applies to a maximum layer thickness of 3 mm

4) Applies to light-curing

5) Applies to dual-curing